[EXTERNAL PERMITTED]

24 August 2026

METLEN Energy & Metals PLC

(the "Company")

Transaction in own shares

The Company announces that, in accordance with the terms of its share buyback programme announced on 23 June 2026, during the period from 17 August 2026 to 21 August 2026 (inclusive) (the "Disclosure Period"), it purchased the following number of its ordinary shares of €1.00 each through Piraeus Securities S.A.:

Date within Disclosure Period	Trading Venue	Aggregate number of ordinary shares repurchased	Lowest price paid (per ordinary share, in euro)	Highest price paid (per ordinary share, in euro)	Volume-weighted average price (per ordinary share, in euro)
17 August 2026	Euronext Athens	20.000	48,76	49,16	49,0428
18 August 2026	Euronext Athens	5.000	48,72	48,92	48,8054
19 August 2026	Euronext Athens	0	-	-	-
20 August 2026	Euronext Athens	20.000	47,88	48,54	48,2439
21 August 2026	Euronext Athens	25.000	48,48	48,96	48,7341

These shares will be held in Treasury.

Following these transactions. the Company's share capital comprises:

Total issued share capital: 143.426.244
Shares held in treasury (with no voting rights): 875,224
Total voting rights: 142,551,020

For reporting purposes under the FCA's Disclosure Guidance and Transparency Rules the market should exclude any shares held in treasury and should use the figure of 142.551.020 as the denominator for the calculations when determining if they are required to notify their interest in. or a change to their interest in the Company.

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For further information. please contact:

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