[EXTERNAL PERMITTED]

23 November 2026

METLEN Energy & Metals PLC

(the "Company")

Transaction in own shares

The Company announces that, in accordance with the terms of its share buyback programme announced on 23 June 2026, during the period from 16 November 2026 to 20 November 2026 (inclusive) (the "Disclosure Period"), it purchased the following number of its ordinary shares of €1.00 each through Piraeus Securities S.A.:

Date within Disclosure Period	Trading Venue	Aggregate number of ordinary shares repurchased	Lowest price paid (per ordinary share, in euro)	Highest price paid (per ordinary share, in euro)	Volume-weighted average price (per ordinary share, in euro)
16 November 2026	Euronext Athens	5.000	45,90	45,98	45,9599
17 November 2026	Euronext Athens	5.000	46,12	46,44	46,3268
18 November 2026	Euronext Athens	5.000	45,16	45,38	45,2820
19 November 2026	Euronext Athens	5.000	44,70	44,90	44,7975

These shares will be held in Treasury.

Following these transactions. the Company's share capital comprises:

Total issued share capital: 143,426,244
Shares held in treasury (with no voting rights): 1,340,474
Total voting rights: 142,085,770

For reporting purposes under the FCA's Disclosure Guidance and Transparency Rules the market should exclude any shares held in treasury and should use the figure of 142,085,770 as the denominator for the calculations when determining if they are required to notify their interest in, or a change to their interest in the Company.

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For further information. please contact:

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